

## Appetizers

- ✓ **Spinach Artichoke Dip** **\$6.95**  
A classic appetizer, topped with parmesan cheese. Served warm with carrots, celery, & pita.
- ✓ **Pimento Cheese Dip** **\$6.95**  
Our house-made pimento cheese, served warm with carrots, celery, & pita.
- Smoked Wings: Sm \$6.95 Lg \$12.95**  
Our hard wood smoked, whole jumbo chicken wings served with carrots, celery & ranch or bleu cheese for dipping. All of our sauces are made in-house! Choose from: *Mild Buffalo, Hot Buffalo, Caribbean Jerk, Southern Molasses BBQ, Cajun Fire, Alabama White Sauce, Asian BBQ, Sweet Heat.* \*extra dressings are \$.25.
- ✓ **Cheese Sticks** **\$6.95**  
Our house-made mozzarella cheese sticks, fried golden brown & served with warm marinara sauce for dipping.
- Chicken Tenders** **\$5.95**  
Four chicken tenders, fried golden brown, served with your choice of sauce. Add one of our wing sauces for \$.50
- Cheesy Bacon Fries** **\$7.95**  
Thick-cut steak fries, piled high in a basket, topped with cheddar & Monterey Jack cheese & crumbled bacon.
- Tids & Bits** **\$8.95**  
Grilled & chilled house made soutisso sausage, sliced & served with muenster cheese, smoked gouda cheese, assorted crackers, & dijon mustard. A traditional Waldensian favorite!
- Flatbreads** **\$7.50**
- ✓ **Four Cheese Pizza:** marinara sauce with parmesan, mozzarella, cheddar, & Monterey Jack cheeses.
- BBQ:** BBQ sauce, our in-house smoked pork, & cheddar cheese blend.
- ✓ **Veggie:** Pesto, spinach, mushrooms, onions, green pepper, parmesan, and feta cheese.
- ✓ **Greek:** olive oil, tomatoes, banana peppers, black olives, feta cheese, & oregano.
- Waldensian:** Dijon, soutisso, caramelized onions, and muenster cheese

## Salads

- ✓ **Spinach Salad** **\$6.95**  
A bed of fresh baby spinach, dried cranberries, walnuts, feta cheese, & house-made croutons.
- ✓ **House Salad** **\$6.95**  
Fresh cut lettuce medley with grape tomatoes, cucumber, carrots, shredded cheese, & house made croutons.
- ✓ **Side Salad** **\$3.95**  
A smaller version of our fresh salads. Choose from House, Spinach, or Caesar!
- Caesar Salad** **\$6.95**  
A traditional Caesar salad made with crisp romaine lettuce, shredded parmesan, Caesar dressing, & house-made croutons.
- Chef Salad** **\$9.95**  
Our house salad topped with smoked turkey, black forest ham, & bacon.
- ✓ **Nutty Mixed-Up Salad** **\$7.95**  
Fresh cut lettuce medley with grape tomatoes, cucumber, granny smith apple, dried cranberries, walnuts, & bleu cheese crumbles.

**\*Add Grilled or Blackened meats/fish to your entrée salad! Chicken~\$4 Salmon~\$6 Shrimp~\$5, Fried Chicken Tenders \$4**

**\*\*Salad Dressings: Ranch, Bleu Cheese, Thousand Island, Honey Mustard, Brown Sugar Bacon Vinaigrette, Waldensian, Balsamic Vinaigrette, Fat Free Raspberry (extra dressings \$.25 each)**

## Soups of the Day

Cup \$3.50 Bowl \$4.75

## Sandwiches (choose one side item)

### **Club**

**\$8.45**

Black forest ham, smoked turkey, smoked gouda, applewood-smoked bacon, lettuce, & tomato on toasted wheat bread with mayo.

### **BLT**

**\$7.50**

A classic sandwich! Toasted sourdough bread, piled high with applewood-smoked bacon, lettuce, tomato, & mayonnaise.

### **Main Street Ham**

**\$7.45**

Black forest ham, swiss cheese, & our spinach artichoke dip on buttered sourdough bread, grilled golden brown in our panini press.

### **House Chicken Salad**

**\$7.95**

Toasted ciabatta roll with our house-made chicken salad, applewood-smoked bacon, mayo, lettuce, & tomato.

**\*\*Everyday Lunch Special: 1/2 sandwich and soup or salad for \$6.95** Choose any of the above sandwiches, on sourdough, wheat, or rye bread, with your choice of soup or salad!

*\*Available until 5 p.m. After 5 p.m. \$7.95*

## Grilled Sandwiches (choose one side item)

**Customize your sandwich! Bread choices are: Sourdough, Wheat, Marble Rye, Ciabatta Roll, & Hoagie Roll. Gluten Free Udis bread, add \$ .75**

### **Three Little Pigs**

**\$8.95**

Our pulled pork, ham, bacon, cheddar cheese, and two fried eggs on a toasted hoagie roll.

### **Pork Sammy**

**\$7.95**

Our pulled pork, smoked in house, with BBQ sauce, apple slaw, bread & butter pickles, and brown sugar mustard on a toasted ciabatta roll.

### **Reuben (or Rachel)**

**\$8.45**

Our slow roasted, house made corned beef, (or Smoked Turkey for the Rachel) fresh sauerkraut, house made 1000 Island dressing, and swiss cheese on toasted marbled rye. **\*Substitute a portabella mushroom for a vegetarian Shrooben!\***

### **Chicken Parmesan**

**\$8.45**

Golden fried chicken tenders, topped with marinara sauce and melty parmesan and mozzarella on a toasted hoagie roll. **\*Vegetarians, substitute a portabella mushroom!**

### **Grilled Portabella Mushroom**

**\$8.95**

Marinated and roasted portabella mushroom, roasted red peppers, fresh spinach, feta cheese, and pesto on a toasted ciabatta roll. **(Vegetarian)**

### **Chicken BLT**

**\$8.95**

Marinated, grilled chicken breast with swiss cheese, applewood smoked bacon, lettuce, tomato, and mayo on a toasted ciabatta roll. **\*\*add one of our delicious wing sauces to your grilled chicken +\$.50\*\***

## Soutisso

**Soutisso is a Waldensian signature sausage made with fresh pork and herbs & spices. We make it fresh right here at 100 Main! \*\*Please allow extra time, we cook these to order!**

### **Main Street Soutisso Sandwich**

**\$8.95**

Grilled soutisso with apple slaw and dijon mustard on a toasted hoagie roll.

### **Soutisso Philly Sandwich**

**\$8.95**

Grilled soutisso with caramelized onions, green bell peppers, and melty muenster cheese on a toasted hoagie roll.

### **Soutisso Italian Sandwich**

**\$8.95**

Grilled soutisso with caramelized onions, green bell peppers, sautéed mushrooms, chunky marinara sauce, and melty mozzarella cheese on a toasted hoagie roll.

**Burgers (choose one side item)** \*Please allow extra time for well-done burgers

**You may substitute grilled chicken, portabella mushroom or a black bean burger!**

**All American Burger\*\* \$8.50**

A juicy burger, topped with cheddar, lettuce, tomato, onion, mayo, and bread & butter pickles.

**Pimento Cheese Burger\*\* \$8.95**

A seasoned burger, topped with melty house-made pimento cheese, bacon, lettuce, tomato, onion, and mayo.

**BBQ Burger\*\* \$8.95**

A grilled burger, smothered in BBQ sauce, topped with melty smoked gouda, bacon, apple slaw, and brown sugar mustard.

**UFO Burger\*\* \$8.95**

A grilled to order burger, topped with muenster cheese, lettuce, tomato, smoked jalapeños, fried onion rings, and thousand island.

**French Onion Soup Burger\*\* \$8.95**

A delicious burger, topped with caramelized onions, swiss cheese, and served on a toasted ciabatta roll with dijon mustard.

**M.O.S.S. Burger\*\* \$8.95**

**Mushrooms, Onions, Swiss, Sourdough.** A tasty burger topped with caramelized onions and sautéed mushrooms, and swiss cheese, served on toasted sourdough bread.

**✓ Southwestern Veggie Bean Burger \$8.95**

Our house-made black bean & rice burger, topped with caramelized onions, green peppers, cheddar cheese, lettuce, tomato, & mayo on a toasted ciabatta roll.

**✓ Side Items**

**Choose from: Steak Fries, Onion Rings, Potato Salad, Apple Slaw, Seasonal Fresh Fruit Cup, Cucumber Salad**

**Small House Salad +\$2.00 Soup (cup:+\$1.00 bowl: +\$2.25) Side Items a la carte: \$3.00**

**Kids Menu \*Ages 12 and under, please**

**✓ Grilled Cheese Sandwich \$4.95**

**Chicken Tenders \$5.95**

**Kid-sized Hamburger or Cheeseburger \$5.95**

**Above come with one side item**

**✓ Cheese Pizza Flatbread \$4.95**

**✓ Kid-Sized Pasta \$4.95**

***Kitchen Coffee: buy a round for the whole kitchen staff to enjoy in their off time in appreciation for your meal! \$15***

**(828) 874-0404**

**100 Main St. E. Valdese, NC 28690**

**Hours: Tuesday – Thursday 11:00 a.m. to 10:00 p.m.**

**Kitchen closes at 9 p.m.**

**Friday – Saturday 11:00 a.m. to 11:00 p.m.**

**Kitchen closes at 10 p.m.**

**Sunday 11:00 a.m. to 2:00 p.m.**

## Dinners

**After 5:00 p.m. (comes with choice of soup or salad and dinner bread!)**

**Creole Shrimp & Grits \$10.95**

**Creole Salmon & Grits \$12.95**

Your choice of shrimp or salmon, served atop our creamy cheese grits, smothered in our house made Creole sauce with sliced soutisso.

 **Pasta La Vista, Baby! \$8.95**

Fettuccini pasta, tossed with your choice of marinara, alfredo, pesto, rosa, primavera, or blush pesto sauce! Add a grilled or blackened chicken breast +\$4.00  
Grilled or blackened shrimp skewer +\$5.00  
Grilled Soutisso +\$5.00

**After 5:00 p.m. (comes with choice of 2 sides, soup or salad and dinner bread!)**

**Chicken Tender Dinner \$10.95**

4 golden fried chicken tenders, served with your choice of dipping sauce!  
*\*add one of our delicious wing sauces to your tenders for \$.50*

**Grilled Chicken Dinner \$10.95**

Two marinated, boneless chicken breasts, grilled to order. *\*add one of our delicious wing sauces to your grilled chicken for \$.50*

**Smothered Chicken Dinner \$12.95**

Two marinated, boneless chicken breasts, grilled to order. Smothered with BBQ sauce, caramelized onions, sautéed mushrooms, and smoked gouda cheese.

**Grilled Salmon Dinner\*\* \$14.95**

Fresh 7 oz. salmon fillet, grilled or blackened to order.

**Grilled Ribeye Dinner\*\* \$18.95**

A 14 oz. ribeye steak, grilled or blackened to order.

**Grilled NY Strip Dinner \*\* \$15.95**

A 12 oz. New York Strip steak, grilled or blackened to order.

**Grilled Shrimp Skewer Dinner \$13.95**

Two shrimp skewers, grilled or blackened to order. Served with house made cocktail sauce!

**Corned Beef Dinner \$12.95**

8 oz. of our tender, slow-cooked corned beef!

**Customize your dinner! Grilled or blackened chicken breast +\$4.00, grilled or blackened shrimp skewer +\$5.00, grilled Soutisso +\$5.00 Add sautéed mushrooms, onions, or green peppers to your entrée +\$1.00**

 **Dinner Side Items: Garlic Mashed Potatoes, Cheesy Grits, Sautéed Seasonal Veggie Medley, Steak Fries, Onions Rings, Potato Salad, Apple Slaw, Mac & Cheese, Seasonal Fresh Fruit Cup, Cucumber Salad**  
**\*\$3 a la carte**

*\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions*

**Desserts:** a rotating assortment of desserts. Please ask your server about the featured desserts!

## Beverages:

**Soft Drinks:** Coke, Diet Coke, Sprite, Coke  
Zero, Sundrop, Mr. Pibb \$2.00  
Lemonade, Unsweet Tea, Sweet Tea \$2.00

Regular Coffee, Decaf Coffee \$1.75  
Milk \$2.25