



100 Main Restaurant & Bar

828-874-0404

Appetizers

✓ Spinach Artichoke Dip \$8.95

A classic appetizer, topped with parmesan cheese. Served warm with carrots, celery, & pita.

✓ Pimento Cheese Dip \$8.95

Our warm house-made pimento cheese, with carrots, celery, & pita.

✓ Cheese Sticks \$9.95

Our hand-rolled mozzarella cheese sticks, fried golden brown & served with warm marinara sauce for dipping.

Chicken Tenders \$8.95

Four chicken tenders, fried golden brown, served with your choice of sauce. Add a wing sauces for \$.75

Cheesy Bacon Fries \$9.95

Thick-cut steak fries, piled high in a basket, topped with cheddar & Monterey Jack cheese & crumbled bacon. Allow extra time for this appetizer – Well worth the wait!

Smoked Wings: Sm \$8.95 Lg \$14.95

Our hard wood smoked, whole jumbo chicken wings served with carrots, celery and ranch or bleu cheese.

All of our sauces are made in-house!

Choose from: Southern Molasses BBQ,

Teriyaki, Honey Sriracha, Caribbean

Jerk, Mild Buffalo, Hot Buffalo,

Cajun Dry Rub, Memphis Dry Rub.

*extra wing sauces \$.75

*extra dressings are \$.50

Salads

✓ Spinach Salad \$8.95

A bed of fresh baby spinach, dried cranberries, walnuts, feta cheese, & house-made croutons.

✓ House Salad \$8.95

Fresh cut lettuce medley with grape tomatoes, cucumber, carrots, shredded cheese, & house made croutons.

Caesar Salad \$8.95

Crisp Romaine lettuce, tossed with Caesar dressing, shredded parmesan cheese, and our house made croutons.

Chef Salad \$12.95

Our House salad topped with smoked turkey, black forest ham, & bacon.

✓ Nutty Mixed-Up Salad \$10.95

Fresh cut lettuce medley with grape tomatoes, cucumber, granny smith apple, dried cranberries, walnuts, & bleu cheese crumbles.

✓ Side Salad \$6.45

A smaller version of our fresh salads.

Choose from House, Caesar, or Spinach

Add Grilled or Blackened meats/fish to your entrée salad! Chicken \$5, Salmon \$7, Mahi Mahi \$8, Shrimp \$5, Fried Chicken Tenders \$5, Chicken Salad \$3

Soups of the Day

Cup \$4.75

Bowl \$7.95

Salad Dressings

Ranch, Bleu Cheese, Thousand Island, Honey Mustard, Brown Sugar Bacon Vinaigrette, Waldensian, Balsamic Vinaigrette, Fat Free Raspberry, Caesar
Extra dressings \$.50 each

Quick Bite Combos

\$8.95 Until 5 p.m.

After 5 p.m. \$9.95

Choose 1

Half Sandwich

Choose from Club, BLT, Main Street Ham,
and Chicken Salad
Sourdough or Rye Toast

Cup of Soup

Side Salad

House, Spinach or Caesar

Bowl of Soup (+\$1.50)

Choose 1

Any Lunch Side Item

(Cheesy Bacon Fries not included)

Cup of Soup

Side Salad

House, Spinach or Caesar

Bowl of Soup (+\$1.50)

Kids Menu *Ages 12 and under,

✓ Grilled Cheese Sandwich \$5.95

Chicken Tenders \$7.45

Kid-sized Hamburger
or Cheeseburger \$7.45

Above come with one side item

✓ Cheese Pizza Flatbread \$5.95

✓ Kid-Sized Pasta \$6.95

Beverages

Coke, Diet Coke, Sprite, Coke Zero,
Sundrop, Mr. Pibb, Lemonade,
Ginger Ale, Sweet Tea, Unsweet Tea \$2.50
Coffee, Regular or Decaf \$3.00

Key Lime Pie, made in house! \$5.95

Please ask your server about other
featured desserts!

Sandwiches

choose one side item

Gluten Free Udis bread, add \$1.50

Club \$11.45

Black forest ham, smoked turkey,
smoked gouda, applewood-smoked
bacon, lettuce, & tomato on toasted
sourdough bread with mayo.

BLT \$9.95

A classic sandwich! Toasted sourdough
bread piled high with applewood-
smoked bacon, lettuce, tomato, &
mayonnaise.

Main Street Ham \$9.95

Black forest ham, swiss cheese, & our
spinach artichoke dip on buttered
sourdough bread, grilled golden brown
in our panini press.

Chicken Salad Sandwich \$9.45

Toasted brioche bun with our
housemade chicken salad,
applewood-smoked bacon, mayo,
lettuce & tomato

Side Items \$4 a la carte

Choose from: Steak Fries,
Onion Rings, Potato Salad,
Apple Slaw,
Cucumber Salad

Premium Sides may be
substituted for an
additional charge

Small House Salad +\$2.00,

Soup - Cup: +\$1.50

Bowl: +\$2.75

Kitchen Coffee: buy a round for the whole kitchen staff to enjoy
in their off time in appreciation for your meal! **\$20**

Grilled Sandwiches

choose one side item

Gluten Free Udis bread, add \$1.50

Wild Turkey Sandwich \$11.95

Grilled Turkey, sautéed green peppers, smoked jalapenos, mushrooms, caramelized onions, pepper jack cheese with lettuce, tomato, and mayo

Pork Sammy \$10.45

Our pulled pork, smoked in house, with BBQ sauce, apple slaw, bread & butter pickles, and brown sugar mustard on a toasted brioche bun.

Reuben (or Rachel) \$11.95

Our slow roasted, house made corned beef, (or Smoked Turkey for the Rachel) fresh sauerkraut, house made 1000 Island dressing, and swiss cheese on toasted marbled rye.

Substitute a portabella mushroom for a vegetarian Shrooben!

Three Little Pigs \$12.95**

Our pulled pork, ham, bacon, cheddar cheese, and two fried eggs on a toasted hoagie roll.

Chicken Parmesan \$11.45

Golden fried chicken tenders topped with marinara sauce and melty parmesan and mozzarella on a toasted hoagie roll.

✓ Portabella Mushroom \$10.95

Marinated and roasted portabella mushroom, roasted red peppers, fresh spinach, feta cheese, and pesto on a toasted brioche bun.

Chicken BLT \$11.45

Marinated, grilled chicken breast with swiss cheese, applewood smoked bacon, lettuce, tomato, and mayo on a toasted brioche bun.

Add one of our delicious wing sauces to your grilled chicken +\$.75

Burgers

choose one side item

All American Burger \$10.45**

A juicy burger, topped with cheddar, lettuce, tomato, onion, mayo, and bread & butter pickles.

Pimento Cheeseburger \$11.45**

A seasoned burger, topped with melty house-made pimento cheese, bacon, lettuce, tomato, onion, and mayo.

BBQ Burger \$11.45**

A grilled burger, smothered in BBQ sauce, topped with melty smoked gouda, bacon, apple slaw, and brown sugar mustard.

Colorado Smashburger \$10.45**

A flat-top griddled burger patty, cheddar cheese, caramelized onions, Smash Sauce (mayo, mustard, dill pickles), lettuce & tomato.

UFO Burger \$10.95**

A grilled to order burger, topped with cheddar cheese, lettuce, tomato, smoked jalapeños, fried onion rings, and thousand island.

M.O.S.S. Burger \$10.95**

Mushrooms, Onions, Swiss, Sourdough.
A tasty burger topped with caramelized onions and sautéed mushrooms, and swiss cheese, served on toasted sourdough bread.

✓ Southwestern Bean Burger \$10.95

Our house-made black bean & rice burger, topped with caramelized onions, green peppers, cheddar cheese, lettuce, tomato, and mayo. (Not Vegan, Not Gluten Free)

You may substitute grilled chicken, portabella mushroom or black bean burger!

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs (Burgers, Salmon, Mahi-Mahi, Shrimp) may increase your risk of foodborne illness, especially if you have certain medical conditions.

Dinners

Includes choice of soup or salad

Pasta La Vista, Baby! \$10.95

Fettuccini pasta, tossed with your choice of marinara, alfredo, pesto, rosa, primavera, or blush pesto sauce!

Cajun Shrimp Alfredo \$15.95

Fettuccine tossed with our Creole and Alfredo sauces, topped with 8 blackened shrimp, and garnished with parmesan and scallions

Chicken Florentine \$15.95

Fettuccine tossed with our Alfredo sauce, mixed with sauteed mushrooms and fresh spinach, topped with a grilled chicken breast and garnished with parmesan cheese.

Pasta Fresca \$12.95

Fettuccine tossed with Olive oil, fresh garlic, fresh spinach, sauteed mushrooms, and grape tomatoes, and garnished with parmesan cheese.

Vegetable Primavera \$13.95

Fettuccine tossed with our Alfredo and Pesto sauce, mixed with our grilled vegetable medley, sauteed mushrooms, and fresh spinach, garnished with parmesan cheese.

Change your pasta to Gluten Free pasta for just \$1.50

Add a grilled or blackened chicken breast \$5, shrimp \$5, salmon \$7, Mahi Mahi \$8, mushrooms \$1.50

Creole Shrimp & Grits \$15.95

Creole Salmon & Grits \$17.95

Shrimp or salmon, served atop our creamy cheese grits, smothered in our house made Creole sauce.

Includes choice of 2 sides

Chicken Tender Dinner \$13.45

4 golden fried chicken tenders served with your choice of dipping sauce! Add one of our delicious wing sauces to your tenders for \$.75

Grilled Chicken Dinner \$14.45

One marinated boneless chicken breast grilled to order! Add one of our delicious wing sauces to your grilled chicken for \$.75

Grilled Shrimp Dinner \$16.95

10 jumbo shrimp, grilled or blackened to order. Served with house made cocktail sauce!

Smothered Chicken Dinner \$15.95

One marinated, boneless chicken breast, grilled to order. Smothered with BBQ sauce, caramelized onions, sautéed mushrooms, bacon, and smoked gouda cheese.

Grilled Salmon Dinner \$17.95**

Fresh 7 oz. salmon fillet, grilled or blackened to order.

Grilled Mahi Mahi Dinner \$18.95**

An 8 oz. Mahi Mahi fillet, grilled or blackened to order.

Hand-Cut Steaks**

12oz NY Strip \$20.95

14oz Ribeye \$26.95

Customize your dinner!

Add grilled or blackened chicken breast \$5, shrimp \$5, Salmon \$7, Mahi Mahi \$8
Add sautéed mushrooms, onions, or green peppers \$1.50

Add a delicious compound butter to complement any entrée! \$1.95

Choose from: Bleu Cheese & Bacon Butter, Garlic & Herb Butter, Lemon Caper Butter

Dinner Side Items—available after 5 p.m. -- \$4 a la carte

Redskin Smashed Potatoes, Pimento Cheese Grits, Sauteed Seasonal Vegetables, Steak Fries, Onions Rings, Potato Salad, Apple Slaw, Mac & Cheese, Fresh Cucumber Salad

Premium Sides may be substituted for an additional charge

Small House Salad +\$2.00, Soup - Cup: +\$1.50 Bowl: +\$2.75